

ALS Quebec Financial Support Programs for Individuals and Families Living with ALS

On an individual's journey with ALS, having someone by your side can make a world of difference.

That's why ALS Quebec offers a range of support and services for people and families living with ALS – including three distinct financial support initiatives that recognize the importance of well-being, connection, and quality of life throughout the ALS journey.

- **Quality of Life:** Our latest offering, the Quality of Life financial support program, helps individuals living with ALS, their caregivers and families by supporting their well-being in their daily life.
 - Financial assistance is tailored to the progression of ALS and personal care preferences. For a list of eligible expenses, please refer to the Information Sheet.
 - Can be used for technical aids and/or minor home adaptations. For these expenses, a healthcare professional must apply on your behalf.
 - Provides up to \$1,000 per family per year from June 19th to May 31st (based on available funding this initiative will be renewable annually). The expenses must be clearly linked to the impacts of the disease.
- **Youth Support:** ALS affects the whole family, and youth are no exception. Our Youth Support initiative:
 - Offers financial assistance to families affected by ALS so they can continue to promote and support their children's healthy development.
 - o Provides up to \$300 per child under the age of 18.
 - Can be used to promote a certain balance by supporting extracurricular activities, providing tutoring, or offering psychological support.
- **Seize the Day:** Every day matters for individuals and families affected by ALS. Generously supported by the Tenaquip Foundation since 2017, *Seize the Day* helps create lasting memories by making special wishes come true. Past activities have included sailing trips, quiet weekends at a cabin, family picnics, and movie nights.

Eligibility

To be eligible for our financial assistance programs, you must:

- Be registered with the ALS Society of Quebec (free of charge)
- Have your primary residence in Quebec
- Have ALS-related expenses aligned with the specific objectives of the initiative you
 wish to apply for. If you are unsure whether an expense is eligible, please contact
 ALS Quebec before submitting your application.

How to Apply

- Please complete the PDF fillable form.
- Most of our grants can be applied for by the person living with ALS, a family member, volunteer or health and social care professional. The exception is for Technical aids and/or minor home adaptations, which must be applied for by a health and social care professional.

For more information about these financial support programs or other sources of funding please contact Kate Busch (kbusch@sla-quebec.ca 514-725-2653, 109 | 1 877 725-7725)



Quality of Life Information Sheet

Eligible Expenses

Expense type		Examples	
1.	Technical aids and/or minor home	-	Ramps, lifts, accessibility modifications
	adaptations*	-	Adapted utensils, walker with brakes
2.	Comfort and Care	-	Respite care
		-	Psychological support
		-	Therapeutic services
		-	Home care services (e.g., housecleaning, meal prep, personal care like dressing, toileting,
			etc.)
		-	Outdoor maintenance (e.g., snow removal)
		-	Transportation fees

^{*}Requires a recommendation from a healthcare professional, who must submit the application on your behalf.

Ineligible Expenses (Examples)

Not Covered	Examples
Retrospective funding	Requests for expenses incurred before application approval
Aesthetic or unrelated home renovations	Painting, deck, garage, pool, general home expansion
Leisure or tourism activities	Show tickets, vacations not part of structured respite – but we encourage you to review our Seize the Day initiative!
Personal purchases without care- related purpose	Electronics, furniture, unrelated training
Routine groceries or services without medical link	General food costs, lawn care for aesthetics only
Statutory responsibilities	Equipment, adaptations, or medications that fall under public health coverage
Unapproved treatments or unrecommend treatment	Experimental, unproven, or contraindicated medical treatments
Emergency or hospital costs	Urgent medical needs or hospitalization fees
Funeral and legal expenses	Funeral costs, legal fees, or insurance payments
Debt repayment	Reimbursement of personal debts or financial liabilities
Professional-use equipment	Tools or devices intended for use by health or social care professionals

Before You Apply

Before applying to a financial support initiative, please make sure you've already looked into support from government programs, insurance providers, or community organizations that might offer the help you need.

Our funding is meant to complement – not replace – any government assistance that may be available. If you're not sure where to start, that's okay! Your CLSC case worker or ALS Quebec counsellor can help guide you through the options and connect you to the right resources.